

thyme  
to COOK



## LOOK WHO'S MAKING LUNCH... from the garden to the table

What's stirring in the kitchen? It may be your child! We will teach a hands on cooking class during lunch bunch where children will make their own lunch....and eat it too! They will learn cooking essentials, how to follow recipes, measure, mix and chop and to always put safety first. They will combine their skills, discover their own creativity and create fun memories while stirring up a different meal each week. It's thyme to discover the fun and excitement of cooking!

***SIGN UP TODAY FOR HANDS-ON COOKING CLASSES  
AT BETH ISRAEL! SPACE LIMITED!***

***Tuesday's 11:45 -12:45***

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Please Note Any Food Allergies \_\_\_\_\_

Email Address \_\_\_\_\_

Registration Fee: \$25.00

Cost: \$200.00 semester (12 classes)

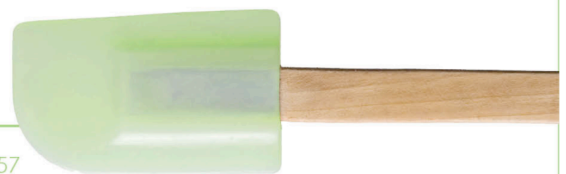
OR \$375.00 year

Please make checks payable to:

**Thyme to Cook!**

157 North Maple Street

Ridgeland, MS 39157



**Helen  
DeFrance**

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